

Happy New Year-- I hope your professional resolutions included being more involved in your professional organization (NYSSMA & your chapter), add to your professional development, and personally to reconnect with friends and colleagues and to meet some new ones.

Final details will be out 2nd week of February, but here are some details.

**Dates:** April 18-21 At the **Doubletree Hotel & Suites**, East Syracuse

**Room Rates** (single/double) \$115 plus 17% occupancy tax

**Registration Fees** Members Full Pkg \$300 on time Late Registration \$350

Thurs: No meal \$75 Friday Only: \$150 (includes lunch & dinner)

Sat Only: \$150 Includes Continental Breakfast, 2 Refreshments Breaks, Buffet luncheon and plated dinner. Student & Non Member fees are offered as well.

**Topics** include: Breast Cancer Updates & the future NCI in Syracuse; Ovarian Cancer 101; Depression & Schizophrenia; Stress & Burnout/Wellness; Men's Health Issues; Cord Blood Bank; Mental Health in Children; New Treatments for Back Pain/Fusion; Acupuncture for Cancer & more; Dental/Medical Diagnoses; Human Relations; Risk Management (and a few back-ups if needed)

\*\*\*\*Topics & Speakers are subject to change\*\*\*\*

The hotel offers a **breakfast buffet** for Thurs, Fri, and Sun. \$17.95 (7-10:30am wknds, 6:30-9:30am weekdays). The hotel has many **amenities** including an indoor pool, spa, gym, restaurant, gift shop, bar/lounge and more. You can find many things to do and places to go within 5 miles.

**Friday Luncheon Buffet:** Wedge Salad; Pulled Pork on Pretzel Bun; Chicken Caprese Sandwich; Vegetarian Caprese Sandwich; Sweet Potato Waffle Fries; Tator Tots; Warm Sugar Waffle, Vanilla Ice Cream with Strawberry & Hot Fudge Sauce  
Toppings (detailed menu will be on the registration form)

**Friday Dinner Buffet:** Artisan Salad; Tomato/Mozzarella Platter; Green Beans; Roasted Potatoes; Gluten Free Penne Pomodoro; Cast Iron Roasted Chicken { Black Pepper & Thyme Marinated}; Roast Baron of Beef, Assorted Desserts.

**Saturday Continental Breakfast:** Orange, Apple & Cranberry Juice, Slice Seasonal Fruit, Home Style Breakfast Breads, Coffee, Tea, Decaf

**Saturday Morning Break:** Coffee refresh, assorted sodas, Bottled water

**Saturday Lunch Buffet:** Minestrone & Tomato Basil Soups, Pasta & Fruit Salad; Pre-made sandwiches (Roast Turkey on a Kaiser Roll, Ham & Cheese on Croissant) Many condiments, Kettle chips, Assorted mini desserts

**Saturday Afternoon Break:** assorted fresh baked cookies, sodas and bottled water

**Saturday Plated Dinner:** Your choice of Beef Short Rib; Chicken Francaise, or Savory Season Crusted Salmon

**Thursday Evening--**Dinner is on your own, but we are having an extra (fun) activity. **We're making greeting cards.** This is an additional \$20 fee that covers all

materials. Grab your drink at the bar and come enjoy yourself. There is a restaurant on site, and many close by.

Dunkin & Starbucks are very close. Fast Food Junkies--there's plenty to be had. Runners & Walkers--there's plenty of space around the hotel complexes. (the area is filled with hotels)

Thursday --2 CEUs, Friday 4 CEUs, Saturday 6 CEUs

Pre convention Meeting --open to all Friday AM, General Assembly--where we discuss the business of the state society is Friday evening. Your input is needed. We hope to have updates on the Expanded Scope of Practice for Medical Assistants

**Attached is** the convention journal ad form (you can be a sponsor, patron, booster, your chapter can place an ad, your employer groups, family businesses etc) and the donor letter (perhaps you can share with reps that come to your offices, family businesses, friends etc)

We haven't seen so many of you in a while.....hope this is the year you come back. For the many of you we haven't met yet, we'd love the opportunity to do so this April.

Please share this with co-workers, classmates, the office staff next door, and anyone that you feel would like/need CEUs

Hope to see you in April,

Paula  
Paula Guidozzoli  
NYSSMA Convention Chair